

Progressive Kinesiology

Practitioners

Syllabus

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Syllabus for Practitioner in Progressive Kinesiology

Name of Course: Progressive Kinesiology Practitioners Course

This course has been registered with the Kinesiology Federation since 2001

- Instructor: Miranda Welton
- Assistant: Assistant in training may attend class
- Length: 22 days

Tutor:

Tutor: Miranda Welton - Qualified in Kinesiology in 1995, has been recognised as a KFRP from 1996, then an Internationally recognised Kinesiologist since 2013 (IKC). Miranda also holds several certificates in other disciplines such as Reflexology, Reiki, Bowen, and LIFE Bio-Resonance System.

Miranda became a TFH Instructor in 1999 and holds a Cert.Ed. since 2000, Interval Verifier qualification for OCN Level 4 from 2011 and has held the position of is an External Verifier for the OCNER/Gateway Qualifications up until November 2017. Miranda is the Head of Progressive Kinesiology in the UK.

Preparatory for this course:

Any person holding a Foundation in Kinesiology or Touch for Health Proficiency Certificate – entry is by interview.

Outline of subject and topics explored:

The Progressive Kinesiology Practitioner course is specially designed as a comprehensive system leading on from the Foundation studies. The course has been developed along the principles of the holistic balance of the Mind, Body and Spirit and is written in stages of the Spirit, Emotional/Mind, Chemical, Holistic, Structural Body and Oriental Body tools.

Students are encouraged to begin work immediately with case studies/clients and offer a holistic and supportive treatment that takes into account the clients chemical, structural, mental and metaphysical issues.

The course stages work with techniques based on the kinesiology finger modes: - The Electrical, Emotional, Chemical, Structural and Energetic Finger modes. Each stage uses the appropriate finger mode to enhance the students working in that particular area. During the course, students will be encouraged to use the techniques learnt each month to give in-depth treatments to their case studies.

All students attending are required to join a professional body and to have Student Insurance (membership and insurance forms will be suggested on the course).

Course Materials:

Test kits are used on the course and all are provided. Other materials include Magrain Ear Seeds which can be used on acupuncture points, plus magnets which are used in some testing. Aura Remedies and Energy Test Kits are also provided as appropriate.

Syllabus for Practitioner in Progressive Kinesiology

Expectations for students:

To complete a training contract, provide two references and sign a criminal convictions form, plus agree to abide by the academy rules:

1. All students wear dark trousers and white top in class. Nails should be kept fairly short and jewellery to a minimum.
2. To complete all written assignments in and out of class and any further supportive Homestudy and a minimum of 40 case studies.
3. As stated in the contact any disabilities or learning disabilities should be discussed with the tutors prior to starting the course so we can give the individual the correct support. Writing support – guidance will be offered if required to help students complete any written work.
4. Attendance – students should attend at least 80% of class time before the final assessment.
5. Project – undertake a research project relating to the chemical body stage.
6. The aim of the course is to instruct students to feel competent to work with the general public in a practice. Once students have completed all their training, ongoing CPD is required to fulfill the kinesiology national occupational standards as decreed by the Kinesiology Federation.

Student Engagement Inventory – Hours for each part:

Educational activity	Hours student engaged	Description:
Course attendance	157	21 sessions
Homestudy	36	8 sessions @ 4 hours
Case Studies	80	40 treatments and research
Assessment	13	One preparation and one assessment day
Assigned readings	40	Equates to 10 books at 4 hours each
Total hours Part One:	326	

Definition of Terms:

The course will use words that will be explained in clear simple terms for participants to understand the meaning of. An example is: Gamma 1 and Gamma 2, Indicator Muscle, Eye Rotations etc.

Course attendance:

The time students spend in class is with the instructor. The morning is mainly theory based with the remainder of the day is practical work in a group, pair work or solo work during class times. Students are required to attend a minimum of 80%. Any additional training required will be charged extra.

Syllabus for Practitioner in Progressive Kinesiology

Assigned reading books:

During the course participants will be encouraged to read various books to develop their self-awareness. Suggested reading list for the Progressive Kinesiology Course: see Course Introduction sheet.

Writing assignments:

On each stage a test paper is completed and reviewed as part of the ongoing revision and assessment process. A written paper of part multiple choice and questions will be part of the final practitioner assessment.

Progression:

For those wishing to become Trainers – you will be required to undertake a minimum of a Level 3 PTTLS qualification and assist in teaching the course syllabus and work through the teaching guides.

Workshops:

Participants will be encouraged to spend time on any supportive courses or events that will support their training. This may include volunteer roles at charity events, exhibition stands and giving talks and demonstrations. These events will normally be led by a practitioner or tutor and the students given the opportunity to take part under supervision.

Field work/outside experience:

At certain times (weather permitting) students will be able to take part in outdoor activities such as nature walks or be expected to engage in required field work or other field-based activities with the tutors or guest tutors or experts.

Online activities:

Student may wish to use online resources to research subjects in order to complete their homework or written assignments. Please note that cutting and pasting material in classes is plagiarism and does not count as your own work. Any references to online material is required to be noted as such with the web address clearly indicated.

External activities:

Students will be expected to spend at least four to eight hours a week outside of class hours engaged in preparing case studies, homework and reading, in order to practice and support their kinesiology training.

Case Studies:

You are required to carry out 40 separate treatment sessions. For instance, these can be 10 separate people treated 4 times over the whole training period and should be mainly made up from members of the public and not family members. From time to time case studies will be introduced to the trainee by the academy.

Syllabus for Practitioner in Progressive Kinesiology

Assessment Procedure e.g.:

All homework and case studies must be completed prior to final assessment and all fees paid
Assessment methods will be:

- Assessment will also be carried out continually during each stage of study to enable students to assess their understanding of the subject
- Final assessment includes the completed and marked case studies and all homework
- Two hour Written paper – multiple choice and written answers
- By visual practical work and feedback from exam case study
- One to one viva with the Verifier

Our course has specially written units attached to each stage. The Practitioners Course is taught to a Level 3 standard.

Students Entry and legalities: important facts for the insurers and students to know:

- The course is open to people over the age of 18 who have successfully completed a Foundation in Kinesiology Training Course – there are no other special entry requirements.
- The students must agree to abide by the Progressive Kinesiology Academy UK and the KF Code of Conduct.
- The students must become student members of a professional body and take out student insurance to practice.
- Students must complete and sign the Criminal Convictions Form and our student contract of learning prior to entry.
- Part of the course is based on a 'spiritual' level of understanding but has no religious content.
- All students will be interviewed (face to face where possible) prior to entry.
- We reserve the right to refuse entry to an individual as we deem fit.
- Confidentiality is required at all times in and out of class.
- The Academy Policy Documents cover legalities such as equality, diversity, complaints and grievances and can be viewed on request.
- Course Folders contain all the relevant legal paperwork and are handed out on the first day of the course.
- A Progressive Kinesiology Academy UK certificate of attendance will be issued on successful completed of study.
- Where a past student or kinesiologist from another training school wishes to attend for CPD hours, one weekend of attendance of certain stages of our practitioner course is acceptable as CPD in Kinesiology.

To register your interest in training – please contact progkin2001@gmail.com